



A PROCLAMATION RECOGNIZING SEPTEMBER AS NATIONAL SENIOR CENTER MONTH

WHEREAS, National Senior Center Month originated as National Senior Center Week in May of 1979, was proclaimed by President Ronald Reagan in 1985, and was extended to the full month of September in 2007; and

WHEREAS, the concept of celebrating senior centers nationally gained wide support through organizations like the National Council on Aging, the U.S. Conference of Mayors Aging Task Force, and the full Senate and House Select Committee on Aging; and

WHEREAS, the 2019 theme of National Senior Center Month is *Senior Centers: The Key to Aging Well!*, because senior centers are key resources for individuals to age healthily and gateways for communities to properly support older adults; and

WHEREAS, innovative programs hosted at senior centers can change the perception of aging and create community resources for aging expertise; and

WHEREAS, **Healthy New Albany** offers **Studio 55+** programming, including lectures, exercise classes, book clubs, card gatherings, parties, and cooking classes, to create an engaging and valuable culture of health for local seniors.

NOW, THEREFORE I, Sloan T. Spalding, Mayor of the City of New Albany, Counties of Franklin and Licking, State of Ohio, do hereby proclaim the month of **SEPTEMBER** as **NATIONAL SENIOR CENTER MONTH** in New Albany; and encourage citizens to explore their senior centers, or take a step further by volunteering to help with the events they'll be throwing this month and beyond.

A handwritten signature in blue ink, reading "Sloan T. Spalding", is written over a horizontal line.

Sloan T. Spalding, Mayor